

# The Incredible Years<sup>®</sup> Autistic Spectrum Disorder Groups for Parents

**An 12 - 14 week group for parents of children aged 2 - 6 years who are on the Autistic Spectrum and/or with Language Delay.**

**The aims are to:**

- Increase children's social skills/relationships with others
- Increase children's emotional self-regulation
- Increase the child's empathy skills
- Decrease behaviour problems
- Increase children's language development



**Children 2 - 6 yrs**

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## It couldn't be easier...

There is no criteria, and no forms to complete - just call the contact details below, however, we will need to ask you some information to be able to ensure you access the right course at the right time.

You can also submit a form online at [www.startingwellworcs.nhs.uk](http://www.startingwellworcs.nhs.uk)

### **Bromsgrove**

call Pear Tree Family Hub on 01527 835775

### **Malvern Hills**

call Sunshine Family Hub on 01684 577442

### **Redditch**

call Holly Trees Family Hub on 01527 61360

### **Worcester City**

call Tudor Way on 01905 749149 or Saffron on 01905 767107

### **Wychavon (Droitwich, Evesham and Pershore)**

call Wands Family Hub on 01905 827391

### **Wyre Forest**

call Brookside Family Hub on 01562 827207

**We look forward to taking your call!**

Parenting support is also available from other providers. Parents can speak to their child's school, health visitor or school nurse for more information.

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