

**Personal, Social, Health and Economic Education (PSHE) including Relationship, Sex & Health Education (RSHE)**

**Whole School Overview**

	<b>EYFS</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>
<b>Autumn 1</b>	Mental health and emotional wellbeing:  Feelings	Mental health and emotional wellbeing:  Feelings	Mental health and emotional wellbeing:  Friendship	Mental health and emotional wellbeing:  Strengths and challenges	Physical health and wellbeing:  What is important to me?
<b>Autumn 2</b>	Physical health and wellbeing Fun times	Physical health and wellbeing:  Fun times	Physical health and wellbeing:  What keeps me healthy?	Physical health and wellbeing:  What helps me choose?	Keeping safe and managing risk:  Playing safe Online safety
<b>Spring 1</b>	Keeping safe and managing risk  Feeling safe Online safety	Keeping safe and managing risk:  Feeling safe Online safety	Sex and relationship education:  Boys and girls, families	Drug, alcohol and tobacco education:  Tobacco is a drug	Drug, alcohol and tobacco education:  Making choices
<b>Spring 2</b>	Drug, alcohol and tobacco education:  What do we put into and on to bodies?	Drug, alcohol and tobacco education:  What do we put into and on to bodies?	Sex and relationship education:  Boys and girls, families	Keeping safe and managing risk:  Bullying – see it, say it, stop it Online safety	Drug, alcohol and tobacco education:  Different influences
<b>Summer 1</b>	Identity, society and equality:  Me and others	Identity, society and equality:  Me and others	Keeping safe and managing risk:  Indoors and outdoors Online safety	Identity, society and equality:  Celebrating difference	Identity, society and equality:  Democracy
<b>Summer 2</b>	Careers, financial capability and economic wellbeing:  My money	Careers, financial capability and economic wellbeing:  My money	Drug, alcohol and tobacco education:  Medicines and me	Careers, financial capability and economic wellbeing:  Saving, spending and budgeting	Careers, financial capability and economic wellbeing:  Borrowing and earning money